

Reading List

Impedance Cardiography and the Measurement Problem in Self-Knowledge

Impedance Cardiography

- Kubicek, W.G., Karnegis, J.N., Patterson, R.P., Witsoe, D.A., and Mattson, R.H. "Development and Evaluation of an Impedance Cardiac Output System." *Aerospace Medicine* 37, no. 12 (1966): 1208–12.
- Bernstein, Donald P. "A New Stroke Volume Equation for Thoracic Electrical Bioimpedance: Theory and Rationale." *Critical Care Medicine* 14, no. 10 (1986): 904–9.
- Bernstein, Donald P. "Impedance Cardiography: Pulsatile Blood Flow and the Biophysical and Electrodynamical Basis for the Stroke Volume Equations." *Journal of Electrical Bioimpedance* 1 (2010): 2–17.
- Raaijmakers, E., Faes, T.J.C., Scholten, R.J.P.M., Goovaerts, H.G., and Heethaar, R.M. "A Meta-Analysis of Published Studies Concerning the Validity of Thoracic Impedance Cardiography." *Annals of the New York Academy of Sciences* 873 (1999): 121–27.

Introspection and the Philosophy of Self-Knowledge

- James, William. *The Principles of Psychology*. 2 vols. New York: Henry Holt, 1890. Chapters IX ("The Stream of Thought") and VII ("The Methods and Snares of Psychology").
- Brentano, Franz. *Psychology from an Empirical Standpoint*. Edited by Oskar Kraus. Translated by Antos C. Rancurello, D.B. Terrell, and Linda L. McAlister. London: Routledge, 1874/1973. Book II, Chapter 2.
- Schwitzgebel, Eric. *Perplexities of Consciousness*. Cambridge, MA: MIT Press, 2011. Especially Chapter 1 ("Rerendering the Dream World") on the dream-color case.
- Schwitzgebel, Eric. "The Unreliability of Naive Introspection." *Philosophical Review* 117, no. 2 (2008): 245–73.
- Chang, Hasok. *Inventing Temperature: Measurement and Scientific Progress*. Oxford: Oxford University Press, 2004.

Grünbaum, Adolf. *The Foundations of Psychoanalysis: A Philosophical Critique*. Berkeley: University of California Press, 1984.

Islamic Philosophy of Self-Knowledge

Ibn Sīnā. *al-Shifāʾ: al-Nafs* (The Healing: The Soul). The Flying Man argument appears in Book I, Chapter 1, and Book V, Chapter 7.

Ibn Sīnā. *al-Mubāḥathāt* (The Discussions). Edited by Muḥsin Bīdārfar. Qom: Bīdār, 1992.

Black, Deborah L. “Knowledge (‘ilm) and Certitude (Yaqīn) in al-Fārābī’s Epistemology.” *Arabic Sciences and Philosophy* 16, no. 1 (2006): 11–45.

Black, Deborah L. “Avicenna on Self-Awareness and Knowing that One Knows.” In *The Unity of Science in the Arabic Tradition*, edited by Shahid Rahman, Tony Street, and Hassan Tahiri, 63–87. Dordrecht: Springer, 2008.

Suhrawardī, Shihāb al-Dīn. *The Philosophy of Illumination* (*Hikmat al-Ishrāq*). Translated and edited by John Walbridge and Hossein Ziai. Provo: Brigham Young University Press, 1999.

Kaukua, Jari. *Self-Awareness in Islamic Philosophy: Avicenna and Beyond*. Cambridge: Cambridge University Press, 2015. Especially Chapters 5–7 on Suhrawardī and Mullā Ṣadrā.

Kaukua, Jari. “Self, Agent, Soul: Abū al-Barakāt al-Baghdādī’s Critical Reception of Avicennian Psychology.” In *Subjectivity and Selfhood in Medieval and Early Modern Philosophy*, edited by Jari Kaukua and Tomas Ekenberg, 75–98. Dordrecht: Springer, 2016.

Adamson, Peter, and Deborah Black. “Al-Fārābī: Epistemology.” *History of Philosophy without Any Gaps*, podcast episode. King’s College London / LMU Munich.

Metacognition, Therapeutic Introspection, and Expressive Writing

Wegner, Daniel M. *White Bears and Other Unwanted Thoughts: Suppression, Obsession, and the Psychology of Mental Control*. New York: Viking, 1989.

Wells, Adrian. *Metacognitive Therapy for Anxiety and Depression*. New York: Guilford Press, 2009.

Pennebaker, James W. *Opening Up by Writing It Down: How Expressive Writing Improves Health and Eases Emotional Pain*. 3rd ed. New York: Guilford Press, 2016.

Pennebaker, James W., Mayne, Tracy J., and Francis, Martha E. "Linguistic Predictors of Adaptive Bereavement." *Journal of Personality and Social Psychology* 72, no. 4 (1997): 863–71.

Medical Education and Reflective Practice

Charon, Rita. *Narrative Medicine: Honoring the Stories of Illness*. Oxford: Oxford University Press, 2006.

Skillen, Julia, Mountford-Zimdars, Anna, and Sabri, Dina. "The 'Reflective Zombie': Problematizing the Conceptual Framework of Reflection in Medical Education." *Perspectives on Medical Education* 8 (2019): 73–79.